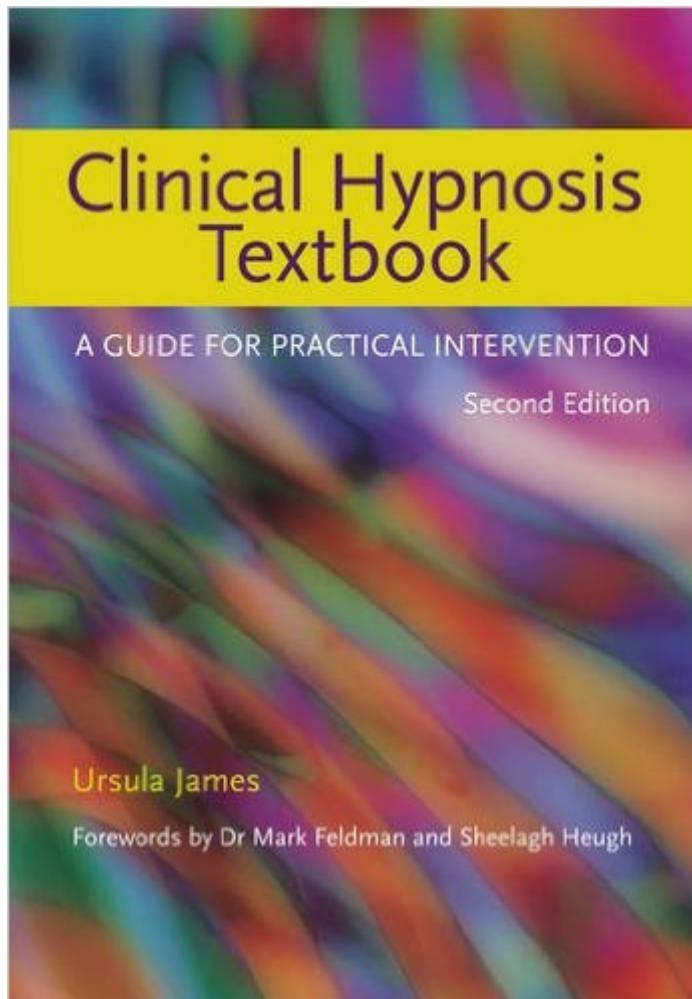


The book was found

# Clinical Hypnosis Textbook: A Guide For Practical Intervention



## Synopsis

Clinical hypnosis can be a powerful tool to help patients access positive states, reduce stress levels and embrace change. It can also enhance patient evaluation, diagnostic skills, and general communication, and provide stress management, goal setting and relaxation techniques for health professionals themselves. This book gives an overview of clinical hypnosis and its applications in medical settings, including self-hypnosis and inducing hypnosis in others. It explores the framework of a session, creating a unique therapeutic protocol using specific language patterns. It also examines the current and historical context of clinical hypnosis and its application, and provides a glossary of terms and useful contacts and websites. Accompanying audio material is also accessible online. Clinical Hypnosis Textbook can be used as an introduction for all health professionals, or to enhance session construction for experienced medical hypnosis practitioners. From reviews of the First Edition 'Provides in-depth information on clinical hypnosis that I would have had a hard time gathering otherwise.' FACT: FOCUS ON ALTERNATIVE AND COMPLEMENTARY THERAPY 'Well written, clear, excellent.' COMPLEMENTARY THERAPIES IN CLINICAL PRACTICE 'Excellent. A wonderful choice for clinicians who want to learn about, or how to use, hypnosis in clinical practice.' DOODY'S BOOK REVIEWS 'Ursula is a natural teacher and has distilled the essence of clinical hypnosis into this new text. This remains at the forefront of literature on learning and understanding hypnosis and hypnotherapy. Once again it gives me great pleasure to recommend this text unreservedly.' Mark Feldman in his Foreword

## Book Information

Paperback: 198 pages

Publisher: RADCLIFFE MEDICAL PRESS LTD; 2 edition (February 2010)

Language: English

ISBN-10: 1846194202

ISBN-13: 978-1846194207

Product Dimensions: 0.5 x 6.8 x 9.2 inches

Shipping Weight: 1.1 pounds

Average Customer Review: 3.3 out of 5 starsÂ See all reviewsÂ (3 customer reviews)

Best Sellers Rank: #3,416,818 in Books (See Top 100 in Books) #99 inÂ Books > Textbooks > Medicine & Health Sciences > Alternative Medicine > Hypnotherapy #330 inÂ Books > Health, Fitness & Dieting > Alternative Medicine > Hypnotherapy #4920 inÂ Books > Textbooks > Medicine & Health Sciences > Medicine > Clinical > Psychiatry

## Customer Reviews

I really liked this book. It is deceptively simple. If you want to learn how to do hypnosis and add it as a tool for psychotherapy or medicine, this is the book to start with. It takes you through how to deliver hypnosis (with a CD so you can copy the intonation), and explains what is happening at each step of the process. I am really pleased that I got it, and will definitely use it now I have got to grips with the basic techniques. Excellent. Would recommend it to any professional, or anyone with a genuine interest in the real McCoy!

This is a beginner's book on hypnosis, and not what I would consider a textbook. Very basic information for someone who doesn't know anything about hypnosis.

The book is good, but on the Kindle version it does not send the audio CD with exercises much needed.

[Download to continue reading...](#)

Clinical Hypnosis Textbook: A Guide for Practical Intervention Clinical Interviews for Children and Adolescents, Second Edition: Assessment to Intervention (Guilford Practical Intervention in the Schools) Practical Clinical Hypnosis: Technique and Applications (Scientific Foundations of Clinical Counseling and Psychology) Handbook of Clinical Hypnosis (Dissociation, Trauma, Memory, and Hypnosis) Nursing Care Plans: Nursing Diagnosis and Intervention, 6e (Nursing Care Plans: Nursing Diagnosis & Intervention) Hypnosis Beginners Guide: Learn How to Use Hypnosis to Relieve Stress, Anxiety, Depression and Become Happier The Calming Collection-The Weight is Over:Hypnosis/Meditation for Lasting Weight Loss\*\*Guided Meditation and Hypnosis CD Clinical Blood Gases: Assessment & Intervention, 2e New Citizenship Basics Textbook, DVD, and Audio CD U.S. Naturalization Test Study Guide 100 Civics Questions with New & Updated N-400 Application Questions: Pass the Citizenship Interview with the New Textbook, CD, and DVD RTI Applications, Volume 1: Academic and Behavioral Interventions (Guilford Practical Intervention in Schools) Textbook of Diagnostic Microbiology, 5e (Mahon, Textbook of Diagnostic Microbiology) Koneman's Color Atlas and Textbook of Diagnostic Microbiology (Color Atlas & Textbook of Diagnostic Microbiology) Textbook of Diagnostic Microbiology, 4e (Mahon, Textbook of Diagnostic Microbiology) Shields Textbook of Glaucoma (Allingham, Shields' Textbook of Glaucoma) Textbook of Diagnostic Sonography: 2-Volume Set, 7e (Textbook of Diagnostic Ultrasonography) Brunner & Suddarth's Textbook of Medical-Surgical Nursing (Brunner and Suddarth's Textbook of

Medical-Surgical) Wall & Melzack's Textbook of Pain: Expert Consult - Online and Print, 6e (Wall and Melzack's Textbook of Pain) Oxford Textbook of Palliative Medicine (Hanks, Oxford Textbook of Palliative Medicine) Clinical Ethics, 8th Edition: A Practical Approach to Ethical Decisions in Clinical Medicine, 8E Trancework: An Introduction to the Practice of Clinical Hypnosis

[Dmca](#)